



We are now online: <http://www.waimeahighschool.org/>

### Principal's Message

Aloha Parents, Guardians, Students and Members of the WHS Community,

I hope everyone had a joyous Christmas season and a Happy New Year! Throughout the month of January, the sophomores will participate in our first round of HSA Testing. We ask that the parents and guardians of all sophomores encourage your student to get a good night's sleep and eat a well balanced breakfast throughout the testing cycle. Studies show that people function best when they get seven to eight hours of sleep. Benefits of getting a good night's sleep include improvements in concentration, short-term memory and productivity. According to the American Dietetic Association, eating breakfast fuels your mind and body with energy for the day ahead. Eating breakfast improves people's attitude and alertness. It can also increase concentration and productivity. According to Bonnie Spring, Ph.D. (Northwestern University) people who eat a balanced breakfast score significantly higher on tests than those who eat an unbalanced breakfast. Students in English and Science will take their test for that particular subject area with their respective teachers during their scheduled class periods. Students taking the Math portion of the HSA will take it during designated advisory periods with a Math Teacher serving as one of two Testing Administrators. Students will have three opportunities to demonstrate proficiency. Once a student successfully meets the cut score of 300, they have the option of being excused from participating in testing rounds 2 & 3. Students may choose to participate if they wish to raise their score.

The seniors are now into the Field Work phase of their Senior Project, having submitted their research papers prior to the winter intersession. In this phase, the student must complete 15 hours of active hands work with their community mentors. Students must record the dates, hours, keep fieldwork notes, and obtain their mentor's signature on their mentor log. This log will become a part of their Senior Project Portfolio. We encourage all senior parents to communicate with their students regarding their progress throughout this phase.

During the first semester our JROTC underwent their Federal Inspection and retained their Honor Unit with Distinction status. Senior Angelica Tran was recognized as a semi-finalist for the National Merit Scholarship competition. The Fine Arts Department hosted their Winter Expo at the Kauai Community College Performing Arts Center. Kudos to Mrs. Parongao, Mrs. Akuna, Senora Kellogg, Sensei Rose and Mrs. Cano for their efforts in coordinating a spectacular event. The Student government hosted the annual Santa's Village in early December, hosting close to 200 keiki and their families. Our ROV students participated in the statewide VEX Robotics competition held at the Hawaii Convention Center in December. Our Varsity Football team concluded an exciting season, keeping fans on the edge of their seats. The Menehune Cheer Squad won the KIF Title and went on to win the Medium Division State Title, beating out twelve other teams.

Up and coming events include our National History Day /Science Fair which is on the calendar for January 30<sup>th</sup>. The annual Waimea Alumni and Friends Foundation Carnival is scheduled for the weekend of February 10<sup>th</sup> – 11<sup>th</sup>. Our winter athletic season is in full swing with Boys & Girls Basketball, Canoe Paddling, Boys & Girls Soccer, and swimming currently in the middle of their seasons. The Baseball team will host the Waimea Invitational Baseball Tournament on February 9<sup>th</sup> – 11<sup>th</sup>. Softball will host the Waimea Invitational Softball Tournament on February 23<sup>rd</sup> – 25<sup>th</sup>. We encourage you to come out and support our students at the National History Day/ Science Fair and student athletes in their quest for their respective KIF titles

Waimea High School has been undergoing American Disabilities Act renovation for the past year. Changes include handicap accessible restrooms, walkways and a long anticipated elevator to building W. The project is slated to be completed in June 2012. We encourage anyone needing assistance to contact the school to make arrangements for accessibility to any school event at least 10 working days prior to the event. Reasonable effort will be made to accommodate your request. For school events contact Mrs. Kane at 338-6810 ext. 113 or myself at ext. 104. For athletic events please contact Mr. Kobayashi at ext. 175 or Mr. Altomare at ext. 169. Or you may call the main office at 338-6800 for further assistance.

We look forward to this next semester and your continued support of Waimea High School.

### INSIDE THIS ISSUE:

- Counselor's Corner	2
- National Assessment of Educational Progress	
- WHS Cheer Wins!	
- Transitioning Kauai Style	
- WHS Participates in Hiki No	
- SCC, PTSA/ WAVE & WAFF Members	
- Message from Vice Principal, Anne Kane	3
- School Resource Officer News - Promoting Pornography	
- Tri-Star Competition	
- School Inspection Mahalo	
- JROTC News	4
- Parenting Classes Offered	
- Sports Calendar	

### Upcoming Important Dates to Remember

- 1/11** - 2nd Qtr Reports Mailed
- 1/16** - No School - Holiday
- 1/30** - National History Day and Science Fair
- 2/10** - 3rd Qtr Progress Reports Mailed
- 2/10-2/11** - WAFF Carnival - WHS Front Lawn
- 2/20** - No School - Holiday
- 2/24-2/25** - Waimea Town Celebration
- 3/9** - No School - Teacher Directed Leave Without Pay
- 3/12-3/16** - Spring Break
- 3/29** - 3rd Qtr Reports Mailed
- 4/6** - No School - Holiday

**Counselor's Corner**

If you have any questions or concerns about your child please feel free to contact Waimea High Schools' counselors at any time at: **Grades 9 & 11...**Miss Paulette Morrissey - 338-6810 ext 112 **Grade 10 & 12...**Miss Jennifer Moniz - 338-6810 ext 105  
**Career Center Coordinator**, Ms. Leila Kuboyama - 338-6810 ext 190 **Registrar**, Ms. Debbie Chaffin - 338-6810 ext 109  
**Attendance Clerk**, Mrs. Ilima Keala - 338-6810 ext 110

**Senior information** College Goal Sunday on January 29, 2012 at 1pm at CKMS Cafeteria. We will be going over, line by line of the FAFSA.

Senior Blog Information - waimeahs2012.blogspot.com

Federal Financial Aid - Opens on January 1, 2012 - www.fafsa.ed.gov - all seniors should do this if they are looking at pursuing any type of education after high school.

**National Assessment of Educational Progress -  
Congratulations 9th Grade Students!!**

On November 1, the National Assessment of Educational Progress released the results for the 2011 NAEP assessments in mathematics and reading for grade 4 and grade 8. Hawaii was the ONLY state to make significant gains in both subjects and at both grade levels. Although our grade 8 mathematics and reading scores still trail the national average, they represent a narrowing of the gap with the averages for public schools nationally. Since 2003, our gains in both subjects place Hawaii 5th or better in the nation for improvement. Hawaii was mentioned several times at the NAEP press conference, Furthermore, articles from Reuters, the Associated Press, the Wall Street Journal, CNN, the Huffington Post, Education Week and other media cited the accomplishment of Hawaii's students.

Last year almost all the grade 8 students from Waimea Canyon Middle School took a NAEP assessment in math, reading or science. Now, most of these students are attending your school. Please extend our appreciation to the grade 9 students. They have helped put Hawaii on the map educationally.

**Waimea High Cheer Team Wins  
State Title**

Congratulations to Waimea High School's cheer squad in the capture of the State Medium Division Title on Sunday, December 4, 2011. Up against 12 other teams, Waimea came away with the highest score of 317 points to capture the title. Waimea is the first neighbor island group to win the Zippy's Hawaii High School Athletic Association Cheer State Championship!!

Congratulations Coach Roxanne Cardejon and the Menehune Cheer Squad! Waimea is proud of you!!

**TRANSITIONING KAUAI STYLE**

"Transition process for youth to adult with disabilities,  
possibilities & abilities"

**Guest Speakers:** Leolinda Parlin - Transitioning Process  
Deborah Kobayakawa - Guardianship - Transfer of Rights

**PLACE:** Chiefess Kamakaha Middle School (Cafeteria)  
**DATE:** January 28, 2012 **TIME:** 8:00a-11:30a  
**REGISTRATION:** 8:00 am

**Continental Breakfast will be served!**

If you require access accommodations, please call El Doi, Program Specialist at the Kauai Developmental Disabilities Council Office, at (808) 274-3484, or email at [kauaiddc@yahoo.com](mailto:kauaiddc@yahoo.com), by Friday, January 20, 2012. Requests for access accommodations received after the deadline date may not assure that accommodations requests will be met. It is the practice of the DD Council that any materials distributed during a meeting need to be accessible for all persons in attendance. Materials in non accessible format may not be distributed. The following formats may be needed: Print, Large Print, Braille, Audio Cassette, and Floppy Diskette (any format). Please call the DD Council office regarding number of copies needed.

**Waimea High Students Participate  
in Hiki No**

Students in the Digital Media program just completed their first episode for the second season for the Hiki No program on PBS. This program is the nation's first student- wide state news network. All the stories are completed by media students from various schools throughout the islands. All the participating schools have been assigned a production team, and that team is responsible for their show. Waimea High School is a part of Team 5 and their show aired three weeks ago. For this past episode, Waimea was given the task as the base school which provides anchors for the show. The anchors pace the show and introduce the videos from the other schools. The anchors for this show were Chase Parongao, Kyle Fleming, Taylor Gaspar, and Travis Dela Cruz. The camera crew consisted of Bradley Cano and Keenan McCracken. The second episode for Waimea will be airing December 29. This episode will feature a story on the Kekaha Sugar Mill by Caylee Yamamoto and Wendi Tokuke. This is the second year, WHS has been involved with Hiki No. Last year's stories included features about the, "plastic bag ban", and "Waimea Teaching Alumni". A new Hiki No show airs every Thursday on PBS at 7:30 p.m. It is also online at [www.pbshawaii.org](http://www.pbshawaii.org).

**SCC, WAVE/PTSA and WAFF Members**

**SCC** - School Community Council - (to Advise, ensure, study & review, provide collaborative opportunities and take other actions as required by the Department of Education.)

Chairperson: MaeLynn Jardin Vice Chairperson: Estrellita Saiki Secretary: Allison Toma

**WAVE** - Waimea Action Voice for Education (same as a PTSA) President: Georgette G. Cayaban

Vice President: Annette Perreira Secretary: Jeslyn Laysa Treasurer: Bruce Hiraoka

**WAFF** - Waimea Alumni Friends Foundation (Alumni Driven to financially support school's Programs via grant requests.) President: Alvin Kyono Vice President: Naoko Ho Secretary: Janice Nitta

Treasurer: Roy Miyashiro Board of Directors: Alice Brown, Georgette G. Cayaban, Esther Estes, Basilio Fuertes, Mildred Fuertes, Katie Hardwick, Brycen Hiraoka, Lisa Hiraoka,

Officers: Alvin Kyono, Naoko Ho, Janice Nitta, Roy Miyashiro.

Aloha,

Dionis "Nicia" Niniau McGihon

Phone: 808 338-6810 (x103)

### **Message from Vice Principal, Anne Kane**

Our campus has had longstanding expectations and rules primarily for health / safety reasons and to support the academic / learning environment at WHS. As our first semester closes; Students and Teachers are working very hard to make the most of the educational opportunities offered at WHS. When everyone follows the rules all students benefit.

In each school newsletter I highlight some of the longstanding rules / behavior expectations. During 2<sup>nd</sup> quarter of this 2011-12 school year, approximately 75% of our students **did not** receive any detentions or other discipline referrals. With the help of the reminders below, I look forward to an even more successful 3<sup>rd</sup> quarter!

#### **Regarding Food:**

- All cafeteria food must remain within the cafeteria.
- No student should be eating in the classroom, food in trash cans draws bugs.

#### **Regarding Campus Rules:**

- WHS is a closed campus. Once a student steps foot on school property, school fields or arrives by bus/ car to campus, WHS becomes responsible for that student and the student may not leave the school. Students who choose to leave w/o permission from the school are detained for Truancy and must complete an after school detention.
- Students may not park vehicles on campus lots or access roads with the exception of the area near the tennis courts.
- Students must have approved school wear on at all times while on campus. The Jostens "senior" shirts are not approved school wear; students have been told how to transform them into school wear by working with Mr. Altomare's graphic design facilities.

#### **Regarding Academic / Learning Atmosphere:**

- Students who receive a tardy pass in the front office, will not get further reminders; students are expected to complete their detention for being tardy the following "A" day.
- Disruptive student behavior resulting in a teacher call home is the reminder that a student has detention the following "A" day. Students should not expect additional reminders.
- Students must have a pass and utilize the pass for the intended purpose when out of their classroom during academic time; e.g.: bathroom pass is for the nearest bathroom, not to walk over to a distant building to pick something up. Students mis-using a pass are considered Truant and will be detained and must complete an after school detention.
- Students may not leave their classrooms early; bells may sometimes be a few seconds off and students are expected to wait inside their classrooms with their teacher, especially during periods 4 and 7.

#### **Regarding Detention Room Expectations**

- Students who can not complete their detentions on the following "A" day need to have Parent/Guardian notify the school as to the reason and an extension will be readily provided: Call VP Kane at 338-6810 X113
- Students skipping detentions are considered insubordinate and will be suspended for insubordination.

The majority of WHS students capitalize on the learning opportunities at WHS and follow all the WHS behavior expectations. Discipline assemblies with each grade level will be held again in January to provide further reminders to all students.

Please contact me with any questions you may have.

Anne Kane, VP 338-6810 x113

### **A MESSAGE FROM OUR SCHOOL RESOURCE OFFICER - MARK STULPE**

009 Hawaii Code Volume 14 TITLE 37 - HAWAII PENAL CODE  
CHAPTER 712 - OFFENSES AGAINST PUBLIC HEALTH AND MORALS  
§712-1215 - **Promoting pornography for minors.**

§712-1215 Promoting pornography for minors. (1) A person commits the offense of promoting pornography for minors if:

- (a) Knowing its character and content, the person disseminates to a minor material which is pornographic for minors; or
- (b) Knowing the character and content of a motion picture film or other performance which, in whole or in part, is pornographic for minors, the person:
  - (i) Exhibits such motion picture film or other performance to a minor; or
  - (ii) Sells to a minor an admission ticket or pass to premises where there is exhibited or to be exhibited such motion picture film or other performance; or
  - (iii) Admits a minor to premises where there is exhibited or to be exhibited such motion picture film or other performance.

(2) Subsection (1) does not apply to a parent, guardian, or other person in loco parentis to the minor or to a sibling of the minor, or to a person who commits any act specified therein in the person's capacity and within the scope of the person's employment as a member of the staff of any public library.

(3) Promoting pornography for minors is a class C felony. [L 1972, c 9, pt of §1; am L 1974, c 190, §1; am L 1988, c 283, §1; gen ch 1993; am L 2000, c 21, §2]

**What this law is stating is that if you are under the age of 18 and you take a nude picture of yourself or any part of your body that is considered indecent if it were displayed in public, ie. Genitals, rear end or for females breasts and you send it to another person whether they be an adult or juvenile you can be arrested for Promoting Child Pornography, and that law is a class "C" felony with a fine of \$1000.00 and up to five years in jail.**

**Now you may ask yourself I'm not promoting it, but if you take a picture of yourself and send it via your cell phone to another person or over the internet you are promoting it.**

### **Trig-Star Competition**

It's time for registration in the Trig-Star competition. This is a competition sponsored by the surveyors in Hawaii to promote the understanding of surveying and the availability of local jobs in the surveying field. The contest is very rigorous and requires a lot of trigonometry, however 1st place at the high school wins \$100.00 and first place in the state earns another \$100.00 and the chance to compete nationally. Last year we had two students with a perfect score Savanna Cano won the competition with the best time and was a top runner in the state. If you would like to participate this year, you may sign up with Mr. Mecham to register for the contest.

### **School Inspection Mahalo**

A Menehune Mahalo goes out to those who helped with Waimea High School's School Inspection on Friday, October 28, 2011. Mahalo to Mrs. Nely Caberto, Principal, Mrs. Anne Kane, Vice-Principal, Mrs. Sandy Wilson - Parent, Mr. Herman Wilson - Chamber of Commerce/Community Member, Pastor Merritt - Waimea Methodist Church/Community Member, Mr. Kyle Flemming - Student, Mr. Chase Parongao - Student, Mr. Nathan Kawaguchi - ASA, Mrs. Vanessa Akana - Custodian, Mr. Michael Lazaro - Custodian, and Miss Nani Hookano - Head Custodian.

## JROTC NEWS

The Junior ROTC Leadership Academic Bowl is a National Competition that is open to all the JROTC programs in the nation. There is a competition by military service and finally there is an inter-service competition which makes this like the super bowl for JROTC.

There are two actual competitions. One is a Leadership competition and has questions from the JROTC curriculum, current events and questions about the life and background of Gen George C. Marshall.

The second is an Academic competition based on SAT / ACT questions covering math, science, reading and sentence structure/grammar.

There are two phases of competition. Phase one is required for all Army JROTC programs and is during two weeks in Nov.

There are two divisions in each phase. Schools are placed in a Division based on answers to demographics questions instructors answer during registration for the bowls. Generally, schools with a higher percentage of students in free lunch programs will be in Div. 1. While magnet (cross enrollment), private and lower free lunch participation schools will be in Div. 2. Placing schools in different divisions allows teams to compete against similar teams.

The top performing schools are invited to compete in phase two which will be two weeks in February.

When Phase 2 is completed, scores from Phase 1 & 2 will be added together to determine who came in 1st, 2nd and 3rd by Brigade regions. Only 1st place teams will be invited to travel to Washington DC to compete against the other 1st place teams from the Brigades. Lastly, the winners of each service participate in an inter-service competition.

Slots to attend JLAB are proportionally assigned – there are more schools in Div. 1, so more teams will be selected from Div. 1 vs Div 2.

We have come in 1st in the State of Hawaii every year in the Leadership competition. In the Brigades, we came in 2nd place the first two years of the competition and on the third year came in 1st and went to Washington DC where the cadets placed 8th out of 48 teams nationally. Last year was the fourth year of the national competition and we again came in 2nd in the Brigade.

The scores within the state were:

### Academic

1. Leilehua 86    2. Waimea 85    3. Kahuku 80

### Leadership

1. Waimea 90    2. Leilehua 78    2. Konawaena 78    3. Baldwin 76    3. Waianae 76

As you can see there were ties for 2nd and 3rd place.

We hope to do well in both competitions since we have good scores in both the Academic and Leadership competitions.

Major Aguilar

### Parenting Classes at Nana's House

Child and Family Services offers a 6 week Parenting Class at Nana's House in Waimea. Classes are from January 12 - February 16th from 5:30-7pm at Nana's House (9875 Waimea Road, Waimea).

The Course involves - hands-on active learning, parents with children ages 2-18.

Topics include - Reduce Power Struggles, Win cooperation with your child, effective discipline: Raise a responsible child, Redirecting your child's misbehavior, Building Character, Courage & Self-Esteem in your child, Teaching Problem solving and Positive Values.

For more information please contact Estrella V. Lopez, Parent Educator at 808-652-9260

### WAIMEA HIGH SCHOOL WINTER SPORTS SCHEDULE - \*\*\* Schedule subject to change

**Girls Basketball** – All matchup times – JV 5:30pm and Varsity 20 minutes after JV ends

**1/10** – vs. Kauai @ Kauai, **1/13** – vs. Kapaa @ WHS, **1/17** – vs. Island @ WHS, **1/20** – vs. Kauai @ WHS, **1/24** – vs. Kapaa @ Kapaa, **1/27** – vs. Island @ Island School, **1/30-2/1** – Playoff

**Swimming - 1/14** - @ Kauai HS – 10:00, **1/21** @ YMCA pool – 2:00pm, **1/28** – KIF Championships @ YMCA pool – 10:00am

**Canoe Paddling - 1/14** - @ Wailua River – 10:00am, **1/21** - @ Wailua River – 2:00pm – KIF Championship

**Boys Basketball** – All matchup times – JV 5:30pm and Varsity 20 minutes after JV ends

**1/11** – vs Island @ Island School, **1/14** – vs Kauai @ Kauai, **1/18** – vs. Kapaa @ WHS, **1/21** – vs. Island School @ WHS, **1/23-24** – Playoff, **1/25** – vs. Kauai @ Kauai, **1/28** – vs. Kapaa @ WHS, **1/31** – vs. Island @ WHS, **2/3** – vs. Kauai @ WHS, **2/7** – vs. Kapaa @ Kapaa, **2/10** – vs. Island School @ Island School, **2/13-15** - Playoff

**Soccer – Girls - 12/3** – vs. Kauai @ Hanapepe Stadium – JV – 10am, varsity – 11:45, **12/7** – vs. Kapaa @ Kapaa – JV 4:30, varsity – 6:30pm, **12/10** – vs. Island @ Island School – 10:00 – JV only, **12/14** – vs. Kauai @ Vidinha – 6:30pm – Varsity only, **12/15** – vs. Kauai @ Vidinha – JV 6:15pm, **12/17** – vs. Kapaa @ Hanapepe – JV – 11:45am, Varsity – 3:30pm, **12/22** – vs. Island @ Hanapepe – 4:00pm – JV only, 1/4 - vs. Kauai @ Vidinha – 4:30pm – Varsity only, **1/5** – vs. Kauai @ Vidinha – 4:30 – JV only, **1/7** – vs. Kapaa @ Hanapepe Stadium – 10:00am – JV, 1:30pm – Varsity, **1/12** – vs. Island @ Hanapepe – 4pm – JV only, **1/14** – vs. Kauai @ Hanapepe – 10:00 – JV, 1:30pm – varsity, **1/18** – vs. Kapaa @ Kapaa – 4:30pm – Varsity, 1/19 – vs. Kapaa @ Kapaa – 4:30pm JV only, **1/21** – vs. Island @ Island – 12:00 JV only, **1/23-25** - Playoffs

**Soccer – Boys - 12/14** – vs. Kauai @ Vidinha – 4:30 – Varsity, **12/15** – vs. Kauai @ Vidinha – 4:30-JV, **12/17** – vs. Kapaa @ Hanapepe – 10:00 – JV, 1:30 – Varsity, **12/21** – vs. Island @ Hanapepe – 4:00 – Varsity, 1/4 – vs. Kauai @ Vidinha – 6:30 – Varsity, **1/5** – vs. Kauai @ Vidinha – 6:15 – JV, **1/7** – vs. Kapaa @ Hanapepe – 11:45 - JV, 3:30 – Varsity, **1/11** – vs. Island @ Hanapepe – 4:00 – Varsity, **1/14** – vs. Kauai @ Hanapepe – 11:45 – JV, 3:30 – Varsity, **1/18** – vs. Kapaa @ Kapaa – 6:30 – Varsity, **1/19** – vs. Kapaa @ Kapaa – 6:30 – JV, **1/21** – vs. Island – 10:00 – Varsity, **1/25** – vs. Kauai @ Hanapepe – 4:30 – JV, 6:15 – Varsity, **1/28** – vs. Kapaa @ Kapaa – 10:00 – JV, 11:45 – Varsity, **2/1** – vs. Island @ Island – 4:00 – Varsity, **2/4-2/7** - Playoffs